

## DISCUSSION POINTS

*Is she crazy or what?*

by  
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1. Do all women truly love to shop? How does shopping make you feel? Do you look forward to it? Is it an adventure, release, or obligation? Do you enjoy showing off new purchases?
2. Do you tell yourself you don't like to shop because you are disciplining yourself not to spend money?
3. Is it irresponsible to encourage women to shop? Isn't our society too materialistic? Will this book help or hurt women with a shopping addiction? Can a shopaholic learn to be a "smart" shopper?
4. How do you measure your self-worth? Do you associate bargain or secondhand shopping with being poor, not good enough, or promoting a false image?
5. Would you wear a secondhand dress to a graduation party or wedding? Would it depend on whether you bought it at a vintage store or a yard sale?
6. Would you buy something at a swap meet, flea market or garage sale that you suspect is stolen?
7. How does secondhand shopping help the environment? Is it a way to shop "green?"
8. Are you more comfortable bargaining in some situations than others? Do you enjoy beating down the price or would you rather just pay and be done with it?
10. Would you ever go to a flea market, swap meet or yard sale by yourself? Would you go with a friend?
11. Do foreign languages, strange neighborhoods and different looking people intrigue or intimidate you?
12. Can you give up your credit cards and go cash-only?
13. Do you shop with a list and only buy what's on it, or do you also look around and see what catches your eye?
14. Do you have faith in the Universe or some kind of divine providence? Is there a plan? Is there anyone or anything looking out for you?
15. Is there any correlation between shopping and sex? Are women as interested in shopping as men are in sex?
16. Why don't men like to shop? Or do they?